



THE
◆ LOST & FOUND ◆



£7 Lunch

All dishes are available for just £7

Monday – Friday, 12pm – 5pm

If you have an allergy or intolerance, please speak to a member of our team before you order your food & drinks. Full allergen & dietary information is available at the-lostandfound.co.uk

Open Sandwiches

served on chargrilled sourdough bread

STEAK & BLUE CHEESE chargrilled rump, caramelised onions, Gorgonzola, watercress and Gran Moravia cheese + £2 supplement

FISH FINGER crispy cod goujons, dressed baby gem lettuce and seaweed tartare sauce

BRIE WITH SWEET TOMATO & CHILLI JAM with dressed rocket and pickled red onions (v)

ROAST CHICKEN CAESAR crispy prosciutto ham, little gem lettuce, Caesar dressing, Gran Moravia cheese and a soft boiled free-range egg

ADD Seasoned skinny fries (ve)* for 2.00

Pizzas

MARGHERITA marinated Mozzarella, semi-dried tomatoes and basil (v)

POLLO PEPERONCINO spicy chilli chicken, Peppadew® peppers, marinated Mozzarella, goat's cheese and red onion



Mains

COCONUT, SWEET POTATO & BUTTERNUT SQUASH CURRY with sticky jasmine rice and coriander (ve)

CHIPOTLE & QUINOA CHILLI with smashed avocado and toasted pitta (ve)

MEATBALL TAGLIATELLE CARBONARA with pork meatballs and smoked bacon lardons tossed with crème fraîche, free-range egg yolk and parsley

Salad

SMASHED CUCUMBER, PICKLED WATERMELON & SPINACH SALAD with chillies and Thai sesame dressing (ve)

ADD A SIDE

Seasonal vegetables (v)	3.50
Seasoned skinny fries (ve)*	3.50
Triple cooked chips (ve)*	3.75
Smashed cucumber, pickled watermelon & spinach salad with chillies and Thai sesame dressing (ve)	4.50
Chargrilled broccoli with peanut satay sauce (ve)	4.00
Bang bang cauliflower (ve)*	4.50
Chargrilled garlic focaccia with Gran Moravia cheese (v)	4.00
Mac & Cheese (v)	4.50



Allergen advice: Due to the way our food is prepared it is not possible to guarantee the absence of allergens in our meals and we do not make a “free from” claim. Our allergen information only states allergens if they are an ingredient of a product. We do not include ‘may contain’ information. Our menu descriptions do not include all ingredients. Please speak to a member of staff should you have any concerns.

Full allergen information is available at the bar or the-lostandfound.co.uk

(V/VE) Suitable for vegetarians & vegans or vegetarian/vegan option available. (V/VE)* We cannot guarantee that our vegetarian & vegan dishes have been cooked in dedicated vegetarian/vegan fryers.

Please ask a member of staff for more information. We select our fish from sustainable sources.

‡ We regret that we cannot guarantee that our fish/chicken/pork/beef/shellfish dishes do not contain bones or shell. Where we state a weight, it's a raw weight and 1oz equals approximately 28 grams.